By working hard, you can always achieve your goal.

I don’t like to make changes in my everyday schedule.

I really look forward to my work.

I am not equipped to handle the unexpected problems of life.

Most of what happens in life is just meant to be.

When I make plans, I’m certain I can make them work.

No matter how hard I try, my efforts usually accomplish little.

I like a lot of variety in my work.

Most of the time, people listen carefully to what I have to say.

Thinking of yourself as a free person just leads to frustration.

Trying your best at what you do usually pays off in the end.

My mistakes are usually very difficult to correct.

It bothers me when my daily routine gets interrupted.

I often wake up eager to take up life wherever it left off.

Lots of times, I really don’t know my own mind.

Changes in routine provoke me to learn.

Most days, life is really interesting and exciting for me.

It’s hard to imagine anyone getting excited about working.

Scale

0 not true

1 a little true

2 mostly true

3 true